

SAMPHIRE Allergen Menu	1. Celery	2. Cereals Containing Gluten (wheat, rye, barley, oats)	3. Crustaceans (shrimp paste)	4. Egg (mayo, pasta, brushed/glazed egg)	5. Fish (stock cubes, Worcestershire sauce)	6. Lupin	7. Milk	8. Molluscs (mussels, snails, squid, whelks)	9. Mustard	10. Tree Nuts (marzipan)	11. Peanuts (groundnut oil)	12. Sesame Seeds (tahini, sesame oil)	13. Soya	14. Sulphur Dioxide	15 onion, garlic, chives, leek
Oysters - Natural								✓						✓	✓
Oyster - Marinated	✓					✓								✓	✓
Oysters - Tempura	✓	wheat				✓		✓				✓		✓	✓
Smoked salmon					✓		✓							✓	✓
Cured Cod, taramasalata	✓	wheat			✓		✓						✓	✓	✓
Scallop crudo					✓			✓					✓	✓	
Beetroot, tahini, yoghurt							✓				✓		✓	✓	✓
Beef tartare	✓	wheat		✓	✓				✓					✓	✓
Truffle Linguinie		wheat		✓		✓	✓								✓
Foie gras		wheat		✓		✓	✓							✓	✓
Scallops	✓		✓				✓	✓						✓	✓
Pork Belly	✓						✓		✓				✓	✓	✓
Octopus	✓				✓		✓	✓	almond				✓	✓	✓
Butternut Agnolotti	✓	✓					✓						✓	✓	✓
Corn-fed Chicken	x			✓			✓		✓				✓	✓	✓
Courgette, caponata								✓	✓				✓	✓	✓
Brill, Champagne sauce			✓	✓	✓		✓	✓					✓	✓	✓
Mackerel, sauce vierge					✓			✓					✓	✓	✓
Pork Loin, Kohlrabi	✓						✓						✓	✓	✓
Cote de beouf	✓						✓		✓				✓	✓	✓
Grilled Lobster, xo	✓	wheat	✓	✓			✓		✓				✓	✓	✓
Beef Rossini	✓	wheat				✓								✓	✓
Spring Carrot	✓						✓							✓	✓
	✓				✓		✓						✓	✓	✓
Hand cut chips															
Fine Beans							✓							✓	
tenderstem							✓		hazel					✓	✓
Ratte potatoes							✓								
Green Salad							✓	✓						✓	✓
Vegan Chocolate Ice cream									pistachio	✓			✓	✓	
Cheese, tomato chutney	✓	Wheat + Rye					✓		Pecan + walnuts		✓			✓	✓
Chocolate & Pistachio				✓			✓		pistachio				✓	✓	
Strawberry&Elderflower Baba		Wheat		✓			✓						✓	✓	
Honey parfait				✓			✓						✓	✓	
Cherry Souffle				✓			✓		almonds				✓	✓	