

SAMPHIRE Allergens	1. Celery	2. Cereals Containing Gluten (wheat, rye, barley, oats)	3. Crustaceans (shrimp paste)	4. Egg (mayo, pasta, brushed/glazed egg)	5. Fish (stock cubes, Worcestershire sauce)	6. Lupin	7. Milk	8. Molluscs (mussels, snails, squid, whelks)	9. Mustard	10. Tree Nuts (marzipan)	11. Peanuts (groundnut oil)	12. Sesame Seeds (tahini, sesame oil)	13. Soya	14. Sulphur Dioxide	15 onion, garlic, chives, leek
Oysters - Natural			✓					✓						✓	✓
Oyster - Marinated			✓					✓						✓	✓
Charcuterie beignet		wheat		✓			✓		✓					✓	✓
Sourdough		wheat					✓(butter)							✓	
Bruschetta	✓	✓			✓									✓	✓
Serrouda		✓										✓	✓	✓	✓
Crab & grapefruit			✓				✓							✓	✓
Beef tartare	✓	wheat	✓	✓	✓				✓					✓	✓
Truffle Linguinie		wheat		✓			✓							✓	✓
Foie gras		wheat		✓			✓							✓	✓
Scallops			✓				✓	✓						✓	✓
Octopus	✓		✓		✓		✓							✓	✓
Parsnip Veloute	✓	wheat					✓		✓				✓	✓	✓
Lobster Risotto	✓		✓				✓	✓						✓	✓
Stuffed Sole	✓		✓	✓	✓		✓	✓						✓	✓
Chimichurri Chicken		wheat		✓			✓		✓					✓	✓
Beef Fillet	✓													✓	✓
Beef Rossini	✓	wheat												✓	✓
Sea Bass					✓		✓			✓				✓	✓
Pearl Barley		barley					✓							✓	✓

Pork Tomahawk							✓		✓					✓	✓
Bearnaise	✓			✓		✓			✓				✓	✓	✓
Smoked Peppercorn	✓					✓			✓				✓	✓	✓
Beef Jus	✓					✓							✓	✓	✓
Bream					✓		✓						✓	✓	✓
Beef Short Rib	✓	wheat					✓		✓					✓	✓
Beef Wellington	✓	wheat		✓			✓		✓					✓	✓
Hand cut chips															
Fine Beans							✓							✓	
tenderstem							✓			hazel				✓	✓
Ratte potatoes							✓								
Green Salad							✓		✓					✓	✓
Cheese, tomato chutney	✓	Wheat + Rye					✓			Pecan + walnuts		✓		✓	✓
Tart Tatin		wheat		✓			✓						✓	✓	
Paris Brest		Wheat		✓			✓						✓	✓	
Financier		wheat		✓			✓						✓	✓	
Chocolate Souffle				✓			✓			pistachio			✓	✓	
Peach & Lavender Tart		wheat		✓			✓								