

SAMPHIRE Allergen Menu	1. Celery	2. Cereals Containing Gluten (wheat, rye, barley, oats)	3. Crustaceans (shrimp, prawn)	4. Egg (mayo, pasta, brushed/glazed egg)	5. Fish (stock cubes, Worcestershire sauce)	6. Lupin	7. Milk	8. Molluscs (mussels, snails, squid, whelks)	9. Mustard	10. Tree Nuts (marzipan)	11. Peanuts (groundnut oil)	12. Sesame Seeds (tahini, sesame oil)	13. Soya	14. Sulphur Dioxide	15. onion, garlic, chives, leek
Oysters - Natural								✓						✓	✓
Oyster - Marinated		✓	✓					✓				✓		✓	✓
Oysters - Tempura (kaffir)		✓	✓					✓				✓		✓	✓
Smoked salmon				✓		✓								✓	✓
Red Prawn Carpaccio		✓	✓	✓				✓				✓		✓	✓
Beetroot, tahini, yoghurt						✓					✓	✓		✓	✓
Beef tartare	✓	wheat	✓	✓				✓						✓	✓
Truffle Linguine		wheat	✓		✓	✓								✓	✓
Foie gras		wheat	✓		✓	✓								✓	✓
Brown Crab vol-au-vent		wheat	✓	✓		✓	✓	✓				✓		✓	✓
Pheasant, pear	✓	wheat	✓			✓		✓				✓		✓	✓
Octopus	✓			✓		✓		✓	almond			✓		✓	✓
Butternut Agnolotti	✓	✓				✓						✓		✓	✓
Corn-fed Chicken	x		✓			✓		✓				✓		✓	✓
Courgette, caponata								✓	✓			✓		✓	✓
Monkfish, parsnip veloute	✓			✓		✓						✓		✓	✓
Sea Bass, sauce Vierge				✓				✓				✓		✓	✓
Pork Loin, Wild mushroom	✓					✓		✓				✓		✓	✓
Cote de beouf	✓					✓		✓				✓		✓	✓
Grilled Lobster, xo	✓	wheat	✓	✓		✓		✓						✓	✓
Beef Rossini	✓	wheat			✓									✓	✓
Celeriac	✓					✓					✓			✓	✓
	✓				✓	✓						✓		✓	✓
Hand cut chips															
Fine Beans						✓								✓	
tenderstem						✓			hazel					✓	✓
Ratte potatoes						✓									
Green Salad						✓		✓						✓	✓
														✓	
Vegan Chocolate Ice cream									pistachio	✓		✓		✓	
Cheese, tomato chutney	✓	Wheat + Rye				✓			Pecan + walnuts		✓			✓	✓
Chocolate & Pistachio			✓			✓			pistachio			✓		✓	
Treacle Tart		Wheat	✓			✓						✓		✓	
Honey parfait			✓			✓						✓		✓	
Cherry Souffle			✓			✓			almonds			✓		✓	